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Composition, Antioxidant and Antimicrobial Activities of Leaf and Twig Essential Oils of *Litsea akoensis* from Taiwan

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This study analyzed the hydrodistilled essential oils in the leaves and twigs of *Litsea akoensis* to determine composition and yield. Seventy-one and 40 compounds were identified in the leaf and twig oils, respectively. The main components of leaf oil were limonene (18.5%), thymol (10.1%), *p*-cymene (9.6%), β -caryophyllene (8.9%), and carvacrol (8.2%). The main components of twig oil were β -phellandrene (43.7%) and *trans*- β -ocimene (10.4%). The results demonstrated that leaf oil had excellent antioxidant and antimicrobial activities, superior to those of twig oil.

Keywords: *Litsea akoensis*, Lauraceae, essential oil, antioxidant activity, antimicrobial activity, limonene, thymol.

Litsea akoensis Hayata (Lauraceae) is a medium-sized evergreen tree, endemic to Taiwan, and distributed throughout broad leaved forests at low to medium altitudes [1]. There are reports suggesting that the root extractive has an antimycobacterial activity [2], and stem bark extractive has a cytotoxic activity against P-388, KB16, A 549, HT-29, MCF-7, NCI-H460, and SF-268 cancer cell lines [3-4]. However, there are no literature reports on the chemical composition and biological activities of the essential oil from this species. This study deals with the extraction and analysis of essential oils obtained followed by examination of the antioxidative and antimicrobial activities. The purpose of this study was to establish a chemical basis for the effective multipurpose utilization of the species.

Based on the dry weight of leaves and twigs, hydrodistillation of *L. akoensis* produced yellow-colored oils with yields of 2.36 ± 0.03 and 1.88 ± 0.04 mL/100 g, respectively. All compounds are listed in order of their elution from the DB-5 column (Table 1). A total of 71 compounds were identified from the hydrodistilled leaf oil of *L. akoensis*. Among the leaf oil compounds, monoterpene hydrocarbons were predominant (33.6%), followed by oxygenated monoterpenes (29.8%), oxygenated sesquiterpenes (20.2%), sesquiterpene hydrocarbons (15.9%), and non-terpenoids (0.5%). Among the monoterpene hydrocarbons, limonene (18.5%) and *p*-cymene (9.6%) were the major compounds. Of the oxygenated monoterpenes, thymol (10.1%) and carvacrol (8.2%) were the main components. Caryophyllene oxide (3.3%) was the chief component among the oxygenated sesquiterpenes.

Forty components were identified from the twig oil. Among the component groups, monoterpene hydrocarbons were the most dominant (68.9%), followed by sesquiterpene hydrocarbons (14.5%), oxygenated sesquiterpenes (13.9%), and oxygenated monoterpenes (2.6%). β -Phellandrene (43.7%) and *trans*- β -ocimene (10.4%) were the major compounds of the monoterpene hydrocarbons.

The compounds of *L. akoensis* leaf oil, like those of the leaf oil of *L. laevigata* [5] were primarily monoterpenoids, which differed from *L. mushaensis* [6], *L. linnii* [6], *L. coreana* [7], *L. kostermansii* [8], *L. nakaii* [9], *L. resinosa*, *L. rasilipes*, and *L. paludosa* of the same genus [10] containing mostly sesquiterpenoids.

The leaf and twig oils of *L. akoensis* were tested for their DPPH free radical scavenging capability. Ascorbic acid was used as a positive control. The IC₅₀ of the DPPH free radical scavenging capability of the leaf and twig essential oils were 68.5, > 2000 μ g/mL, respectively. The results demonstrated clearly that the leaf oil had antioxidant activities superior to those of twig oil. The individual main components of the leaf essential oil, carvacrol, thymol, limonene, *p*-cymene and β -caryophyllene, were also compared for their DPPH free radical scavenging capability. The results showed that the DPPH free radical scavenging capabilities in a decreasing order were thymol (IC₅₀ = 31.4 μ g/mL), carvacrol (IC₅₀ = 38.7 μ g/mL), limonene, *p*-cymene and β -caryophyllene (IC₅₀ > 2000 μ g/mL). Hence, we deduced that the phenolic compounds were mainly responsible for the radical scavenging. The

Table 1: Chemical composition of the leaf and twig oils of *L. akoensis*.

Compound ID	RI ^a	Concentration(%)		Identification ^b
		Leaf	Twig	
α -Thujene	930	0.4	0.3	KI, MS, ST
α -Pinene	939	1.2	2.5	KI, MS, ST
4,4-Dimethyl-2-butenolide	952	0.1	- ^d	KI, MS
Camphene	954	0.1	0.3	KI, MS, ST
β -Pinene	979	0.4	1.1	KI, MS, ST
6-Methyl-5-heptene-2-one	986	t ^c	-	KI, MS, ST
Myrcene	991	2.1	4.9	KI, MS, ST
δ -2-Carene	1002	0.1	-	KI, MS
α -Phellandrene	1003	0.2	1.6	KI, MS, ST
α -Terpinene	1017	0.1	-	KI, MS, ST
<i>p</i> -Cymene	1025	9.6	2.7	KI, MS, ST
Limonene	1029	18.5	-	KI, MS, ST
β -Phellandrene	1030	0.4	43.7	KI, MS, ST
<i>cis</i> - β -Ocimene	1037	0.5	1.2	KI, MS
<i>trans</i> - β -Ocimene	1050	t	10.4	KI, MS
γ -Terpinene	1060	0.1	0.2	KI, MS, ST
<i>cis</i> -Linalool oxide (furanoid)	1072	0.1	-	KI, MS
Linalool	1097	0.5	-	KI, MS, ST
<i>allo</i> -Ocimene	1132	0.1	-	KI, MS
<i>cis-p</i> -Mentha-2,8-dien-1-ol	1137	0.1	0.3	KI, MS
<i>trans-p</i> -Menth-2-en-1-ol	1140	0.2	-	KI, MS
<i>p</i> -Menth-3-en-8-ol	1150	0.7	-	KI, MS
Terpinen-4-ol	1177	1.1	0.5	KI, MS, ST
Cryptone	1185	2.8	0.8	KI, MS, ST
α -Terpineol	1188	0.5	0.5	KI, MS, ST
<i>cis</i> -Piperitol	1196	0.1	-	KI, MS
<i>trans</i> -Piperitol	1208	0.2	-	KI, MS
<i>trans</i> -Carveol	1216	0.3	-	KI, MS
<i>m</i> -Cumeneol	1227	0.4	-	KI, MS
<i>cis</i> -Carveol	1229	0.1	-	KI, MS
Cumic aldehyde	1241	1.0	-	KI, MS
Piperitone	1252	0.8	-	KI, MS, ST
Carvenone	1258	0.1	-	KI, MS
Perilla aldehyde	1271	0.2	0.5	KI, MS
<i>p</i> -Menth-1-en-7-al	1275	0.3	-	KI, MS
Bornyl acetate	1288	0.1	-	KI, MS, ST
Thymol	1290	10.1	-	KI, MS, ST
Carvacrol	1298	8.2	-	KI, MS, ST
4-Hydroxy-cryptone	1315	1.6	-	KI, MS
3-Oxo- <i>p</i> -menth-1-en-7-al	1333	0.9	-	KI, MS
α -Copaene	1376	0.4	-	KI, MS, ST
β -Elemene	1390	0.6	0.5	KI, MS, ST
β -Caryophyllene	1419	8.9	6.7	KI, MS, ST
Aromadendrene	1441	0.8	-	KI, MS, ST
α -Humulene	1454	0.6	4.1	KI, MS, ST
γ -Murolene	1478	0.6	-	KI, MS
β -Eudesmene	1490	2.0	0.8	KI, MS
δ -Selinene	1493	t	0.3	KI, MS
α -Selinene	1498	0.5	-	KI, MS
Bicyclogermacrene	1500	t	0.5	KI, MS
α -Murolene	1500	t	0.3	KI, MS
(<i>e</i> , <i>e</i>)- α -Farnesene	1506	t	0.8	KI, MS
γ -Cadinene	1513	0.2	-	KI, MS
δ -Cadinene	1523	0.5	0.2	KI, MS
<i>cis</i> -Calamenene	1529	0.8	0.3	KI, MS
<i>trans</i> -Nerolidol	1563	1.0	0.5	KI, MS, ST
Maaliol	1567	0.7	0.7	KI, MS
Ledol	1569	t	0.1	KI, MS, ST
Spathulenol	1578	3.2	0.8	KI, MS, ST
Caryophyllene oxide	1583	3.3	3.3	KI, MS, ST
Globulol	1590	1.4	2.2	KI, MS, ST
Viridiflorol	1592	3.1	0.9	KI, MS, ST
α -Corocalene	1623	1.7	-	KI, MS
10- <i>epi</i> - γ -Eudesmol	1623	0.7	-	KI, MS
1- <i>epi</i> -Cubenol	1629	t	1.0	KI, MS
γ -Eudesmol	1632	0.9	0.2	KI, MS
τ -Cadinol	1640	0.8	0.2	KI, MS
τ -Murolol	1642	0.9	0.3	KI, MS
α -Cadinol	1654	t	0.7	KI, MS
(2 <i>E</i> ,6 <i>E</i>)-Farnesol	1742	1.3	1.8	KI, MS
<i>all-trans</i> -Farnesyl acetate	1845	1.4	1.3	KI, MS
Compound identified				
Monoterpene hydrocarbons (%)		33.6	68.9	
Oxygenated monoterpenes (%)		29.8	2.6	
Sesquiterpene hydrocarbons (%)		15.9	14.5	
Oxygenated sesquiterpenes (%)		20.2	13.9	
Others		0.5	0.0	
Total identified		100.0	99.9	
Oil Yield (mL/100 g)		2.36 ± 0.03	1.88 ± 0.04	

^a Retention index on a DB-5 column with reference to n-alkanes [11].

^b MS, NIST and Wiley library spectra and the literature; RI, Retention index; ST, authentic standard compounds. ^c trace < 0.1%. ^d not detected

results are also in congruency with the conclusions of several other reports [12-17]. When the DPPH free radical scavenging capabilities of the leaf essential oil were

compared with those of leaf oils of different provenances from Taiwan, such as *Cinnamomum osmophloeum*, with IC₅₀ values ranging from 33.4 to 708.5 μ g/mL [18], the leaf essential oil was within the same range. The threshold concentration also compared favorably with the IC₅₀ values of 460 μ g/mL for the leaf oil of *Nigella sativa* [19], 460 μ g/mL for the flower oil of *Origanum vulgare* [20], and 500 μ g/mL for the leaf oil of *Curcuma zedoaria* [21].

Leaf and twig oils of *L. akoensis* were tested against three Gram-positive and five Gram-negative bacteria, as well as two fungi. The results demonstrated clearly that the leaf oil had antibacterial activities superior to those of twig oil (Table 2). Leaf oil showed strong growth suppression activities against all ten microbes studied. The most sensitive microorganisms were *Bacillus cereus*, *Staphylococcus aureus*, *S. epidermidis* and *Candida albicans* with inhibition zones of 46 ~ 52 mm and minimum inhibitory concentration (MIC) values of 31.25 μ g/mL. The leaf oil demonstrated stronger growth suppression activities in regards to Gram-positive bacteria as compared to Gram-negative bacteria. These observations are similar to results reported in previous literature [5,6,8,9,22,23]. The antibacterial activities of leaf oil from *L. akoensis* were superior when compared to the antibacterial activities of essential oils from *L. laevigata* [5], *L. muthaensis* [6], *L. linii* [6], *L. kostermansii* [8], *L. nakaii* [9], *Cinnamomum subavenium* [22] and *Machilus pseudolongifolia* [23].

The study results validated the antibacterial activities of *L. akoensis* leaf oil. However, to ascertain the source compounds of the antibacterial activities of *L. akoensis* leaf oil, its main components were individually tested for antibacterial activities. The results indicated that the active source compounds were thymol and carvacrol. Various studies support the argument that these compounds are highly active in suppressing microbial growth [24-26].

Experimental

Plant materials: Fresh leaves and twigs of *L. akoensis* were collected in July 2009 from Chihshuiying (Pingtung County, southern Taiwan, elevation 1500 m, N 22° 24' 28", E 120° 46' 38"). The samples were compared with specimen no. ou6858 from the Herbarium of National Chung-Hsing University and positively identified by Prof. Yen-Hsueh Tseng of NCHU. The voucher specimen (CLH-012) was deposited in the NCHU herbarium. Leaves and twigs of the species were collected for subsequent extraction and analysis.

Isolation of leaf and twig essential oils: Leaves and twigs of *L. akoensis* (1 kg) were placed in a round-bottom flask and hydrodistilled for 8 h with 3L of distilled water. Removed essential oil was dried with anhydrous sodium sulfate. The oil yield and all test data are the average of triplicate analyses.

Essential oil analysis: A Hewlett-Packard HP 6890 gas chromatograph equipped with a DB-5 fused silica capillary column (30 m x 0.25 mm x 0.25 µm film thickness, J&W Scientific) and a FID detector was used for the quantitative determination of oil components. Oven temperature was programmed as follows: 50°C for 2 min, rising to 250°C at 5°C/min. Injector temperature: 270°C. Carrier gas: He with a flow rate of 1 mL/min. Detector temperature: 250°C, split ratio: 1:10. Diluted samples (1.0 µL, 1/100, v/v, in ethyl acetate) were injected manually in the split mode. Identification of the oil components was based on their retention indices and mass spectra, obtained from GC/MS analysis on a Hewlett-Packard HP 6890/HP5973 equipped with a DB-5 fused silica capillary column (30 m x 0.25 mm x 0.25 µm film thickness, J&W Scientific). The GC analysis parameters listed above and the MS were obtained (full scan mode: scan time: 0.3 s, mass range was m/z 30-500) in the EI mode at 70 eV. All data were the average of triplicate analyses.

Component identification: Identification of the leaf essential oil constituents was based on comparisons of retention index (RI) [11], retention times (RT), and mass spectra with those obtained from authentic standards and/or the NIST and Wiley libraries spectra, and literature [11,27].

DPPH (2,2-diphenyl-1-picrylhydrazyl) free radical scavenging capability test: The method of Ho *et al.* [28] was used for DPPH assay in this study. Fifty µL of various

dilutions of the oils were mixed with 5 mL of a 0.004% methanol solution of DPPH. After an incubation period of 30 min, the absorbance of the samples was determined at 517 nm using a Jasco 7800 spectrophotometer. Tests were carried out in triplicate, and ascorbic acid was used as a positive control.

Antimicrobial activity [29]: Discs containing 15 µL and 30 µL of the oil dissolved in dimethylsulfoxide (DMSO) were placed on the inoculated plates with test microorganisms. Growth inhibition zones (including disc diameter of 6 mm) were measured after 24 h and 48 h of incubation at 37°C and 24°C for bacteria and fungi, respectively. Gentamicin and tetracycline for bacteria, and nystatin for fungi were used as positive controls. Microbial strains were obtained from the Culture Collection and Research Center of the Food Industry Research and Development Institute, Hsinchu City, Taiwan. The microbial strains included 5 Gram-negative bacteria: *Escherichia coli* (IFO 3301), *Enterobacter aerogenes* (ATCC 13048), *Klebsiella pneumoniae* (ATCC 4352), *Pseudomonas aeruginosa* (IFO 3080), and *Vibrio parahaemolyticus* (ATCC 17803); 3 Gram-positive bacteria: *B. cereus* (ATCC 11778), *S. aureus* (ATCC 6538P), and *S. epidermidis* (ATCC 12228); 1 fungus: *A. niger* (ATCC 16404) and 1 yeast: *C. albicans* (ATCC 10231). Minimum inhibitory concentration (MIC) values were measured by the microdilution broth susceptibility assay recommended by NCCLS [30] and as reported earlier [31].

Table 2: Antimicrobial activities of the leaf and twig oils of *L. akoensis*.

Microbial species	<i>Litsea akoensis</i>				Compounds ^c					Antibiotics		
	Leaf		Twig		1	2	3	4	5	Tetracycline (30 µg/disk)	Gentamicine (10 µg/disk)	Nystatine (30 µg/disk)
	IZ ^a	MIC ^b	IZ	MIC	MIC	MIC	MIC	MIC	MIC	IZ	IZ	IZ
<i>Bacillus cereus</i>	52 ± 0.4	31.25	14 ± 0.8	>1000	>1000	>1000	2.50	5.00	>1000	22 ± 0.8	-	nt
<i>Staphylococcus aureus</i>	46 ± 0.8	31.25	14 ± 0.4	>1000	>1000	>1000	2.50	5.00	>1000	21 ± 0.4	-	nt
<i>Staphylococcus epidermidis</i>	50 ± 0.4	31.25	12 ± 0.4	>1000	>1000	>1000	2.50	5.00	>1000	34 ± 0.4	-	nt
<i>Escherichia coli</i>	36 ± 0.4	125	9 ± 0.8	>1000	>1000	>1000	31.25	62.5	>1000	-	22 ± 0.8	nt
<i>Enterobacter aerogenes</i>	36 ± 0.8	125	9 ± 0.4	>1000	>1000	>1000	31.25	62.5	>1000	10 ± 0.4	-	nt
<i>Klebsiella pneumoniae</i>	32 ± 0.8	250	10 ± 0.8	>1000	>1000	>1000	62.5	62.5	>1000	-	21 ± 0.8	nt
<i>Pseudomonas aeruginosa</i>	32 ± 0.4	250	10 ± 0.4	>1000	>1000	>1000	62.5	62.5	>1000	-	12 ± 0.8	nt
<i>Vibrio parahaemolyticus</i>	26 ± 0.8	500	10 ± 0.8	>1000	>1000	>1000	125	62.5	>1000	-	13 ± 0.8	nt
<i>Aspergillus niger</i>	32 ± 0.4	250	10 ± 0.4	>1000	>1000	>1000	125	250	>1000	nt	nt	17 ± 0.8
<i>Candida albicans</i>	48 ± 0.8	31.25	12 ± 0.8	>1000	>1000	>1000	0.625	1.25	>1000	nt	nt	19 ± 0.8

^a Inhibition zone diameter (mm), including diameter of sterile disk 6 mm; values are given as mean ± SD. ^b Minimum inhibitory concentration values as µg/mL.

^c 1. *p*-cymene (99.0%), 2. limonene (≥ 98.0%), 3. thymol (≥ 99.5%), 4. carvacrol (98.0%), 5. β-caryophyllene (≥ 98.5%) Compound 1 to 5 were purchased from the Fluka Co. (Milwaukee, USA). (-), Inactive; (7-14), moderately active; (>14), highly active.

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Chemical Constituents of the New Endophytic Fungus <i>Mycosphaerella</i> sp. nov. and Their Anti-parasitic Activity Eufemio Moreno, Titto Varughese, Carmenza Spadafora, A. Elizabeth Arnold, Phyllis D. Coley, Thomas A. Kursar, William H. Gerwick and Luis Cubilla-Rios	835
Synthesis of a 4<i>H</i>-anthra[1,2-<i>b</i>]pyran Derivative and its Antimicrobial activity Hidayat Hussain, Shahid Aziz, Barbara Schulz and Karsten Krohn	841
Antioxidant Activity and Total Phenolic Content in Shiitake Mycelial Exudates Weihuan Huang, Joo-Shin Kim and Hau Yin Chung	845
Phenylethyl Cinnamides as Potential α-Glucosidase Inhibitors from the Roots of <i>Solanum melongena</i> Xuchun Liu, Jianguang Luo and Lingyi Kong	851
New Phenylalkanoids from <i>Zingiber officinale</i> Chung-Yi Chen, Yu-Ting Yeh and Woei-Ling Yang	855
Valine and Phenylalanine as Precursors in the Biosynthesis of Alkamides in <i>Acmella radicans</i> Nancy Cortez-Espinosa, Judit A. Aviña-Verduzco, Enrique Ramfrez-Chávez, Jorge Molina-Torres and Patricia Ríos-Chávez	857
A Novel Antinociceptive Sulphated Polysaccharide of the Brown Marine Alga <i>Spatoglossum schroederi</i> Wladimir R. L. Farias, Paula Cristina W. C. Lima, Natália Velloso F. C. Rodrigues, Rômulo Celly L. Siqueira, Renata M. F. Amorim, Maria G. Pereira and Ana Maria S. Assreuy	863
Orally Administered <i>Dendrobium officinale</i> and its Polysaccharides Enhance Immune Functions in BALB/c Mice Xiao-Fei Liu, Jun Zhu, Shao-Yang Ge, Lin-Jing Xia, Hai-Ying Yang, Yong-Tao Qian and Fa-Zheng Ren	867
Hypotensive Effects of the <i>Crotalus durissus cascavella</i> Venom: Involvement of NO Janaina S. A. M Evangelista, João J. F. Evangelista, Inez L. Evangelista, Diva M. B. Nojosa, Nilberto R. F. Nascimento, Marcellus H. L. P. Souza, Renata S Alves, Alice M C Martins, Maria Elisabete A. Moraes and Helena S. A. Monteiro	871
Citrus Essential Oil of Nigeria Part V: Volatile Constituents of Sweet Orange Leaf Oil (<i>Citrus sinensis</i>) Adeleke A. Kasali, Oladipupo A. Lawal, Adeolu O. Eshilokun, Abayomi A. Olaniyan, Andy R. Opoku and William N. Setzer	875
Comparison of the Essential Oils of Leaves and Stem Bark from Two Different Populations of <i>Drimys winteri</i> a Chilean Herbal Medicine Orlando Muñoz, Philippe Christen, Silvian Cretton, Alejandro F. Barrero, Armando Lara and M. Mar Herrador	879
A Myristicin-rich Essential Oil from <i>Daucus sahariensis</i> Growing in Algeria Tahar Smaili, Amar Zellagui, Pier Luigi Cioni and Guido Flamini	883
Activity of <i>Schinus areira</i> (Anacardiaceae) Essential Oils against the Grain Storage Pest <i>Tribolium castaneum</i> Lilian R. Descamps, Carolina Sánchez Chopra and Adriana A. Ferrero	887
Acaricidal Activity against <i>Tetranychus urticae</i> and Essential Oil Composition of Four <i>Croton</i> Species from Caatinga Biome in Northeastern Brazil Izenayde Araújo Neves and Claudio Augusto Gomes da Camara	893
Composition, Antioxidant and Antimicrobial Activities of Leaf and Twig Essential Oils of <i>Litsea akoensis</i> from Taiwan Chen-Lung Ho, Chai-Yi Lin, Eugene I-Chen Wang and Yu-Chang Su	901
Composition and Antimicrobial Activity of <i>Achillea distans</i> Essential Oil Angel Konakchiev, Milka Todorova, Bozhanka Mikhova, Antonina Vitkova and Hristo Najdenski	905
Chemical Composition and Antioxidant, Antimicrobial, and Larvicidal Activities of the Essential Oils of <i>Annona salzmannii</i> and <i>A. pickelii</i> (Annonaceae) Emmanoel Vilaça Costa, Livia Macedo Dutra, Hugo César Ramos de Jesus, Paulo Cesar de Lima Nogueira, Valéria Regina de Souza Moraes, Marcos José Salvador, Sócrates Cabral de Holanda Cavalcanti, Roseli La Corte dos Santos and Ana Paula do Nascimento Prata	907
<u>Review/Account</u>	
Chemical and Pharmacological Aspects of the Genus <i>Cecropia</i> Geison M. Costa, Eloir P. Schenkel and Flávio H. Reginatto	913
<u>Letter to Editor</u>	
Does <i>Pseudomonas fluorescens</i> produce <i>N</i>-mercapto-4-formylcarbostyryl? Carsten Christophersen and Ole Hammerich	921
<u>Additions/Corrections</u>	923

Natural Product Communications

2011

Volume 6, Number 6

Contents

<u>Original Paper</u>	<u>Page</u>
Iridoid Glucosides from <i>Wendlandia tinctoria</i> roots Biswanath Dinda, Sudhan Debnath, Rajarshi Banik, Noriko Sato and Yoshihiro Harigaya	747
Janceolaroside A and Janceoside A, Two New Compounds from the Stems and Roots of <i>Jasminum lanceolarium</i> Lili Lou, Lingfei Han, Dali Meng, Ning Li and Xian Li	749
<i>Chionanthus virginicus</i> L.: Phytochemical Analysis and Quality Control of Herbal Drug and Herbal Preparations Laurent Boyer, Béatrice Baghdikian, Sok-Siya Bun, Khalil Taoubi, Ana Diaz-Lanza, Riad Elias and Evelyne Ollivier	753
Solid State Structure and Absolute Configuration of Filifolinol Acetate Marcelo A. Muñoz, Alejandro Urzúa, Javier Echeverría, Brenda Modak and Pedro Joseph-Nathan	759
A Novel Sesquiterpene Alcohol from <i>Fimetariella rabenhorstii</i>, an Endophytic Fungus of <i>Aquilaria sinensis</i> Mei-Hua Tao, Jian Yan, Xiao-Yi Wei, Dong-Li Li, Wei-Min Zhang and Jian-Wen Tan	763
Lipophilic Components from the Ecuadorian Plant <i>Schistocarpha eupatorioides</i> Gianluca Gilardoni, Solveig Tosi, Giorgio Mellerio, Maria Elena Maldonado, Ximena Chiriboga and Giovanni Vidari	767
Terpenoid Metabolites from <i>Spongia</i> spp. and Their Effects on Nucleic Acid Biosynthesis in Sea Urchin Eggs Ludmila P. Ponomarenko, Natalia A. Terent'eva, Vladimir B. Krasokhin, Anatoliy I. Kalinovskiy and Valery A. Rasskazov	773
Evaluation of <i>ent</i>-Kaurenoic Acid Derivatives for their Anticariogenic Activity Bruna B. de Andrade, Monique R. Moreira, Sérgio R. Ambrosio, Nieve A. J. C. Furtado, Wilson R. Cunha, Vladimir C. G. Heleno, Aline N. Silva, Marília R. Simão, Erilda M. P. da Rocha, Carlos H. G. Martins and Rodrigo C. S. Veneziani	777
Microbial Transformation of Deoxyandrographolide by <i>Alternaria alternata</i> AS 3.4578 Xiu-Lan Xin, Sha Deng, Bao-Jing Zhang, Shan-shan Huang, Yan Tian, Xiao-Chi Ma, Lei An, Xiao-hong Shu, Ji-Hong Yao and Xun Cui	781
Limonoids from Meliaceae with Lipid Peroxidation Inhibitory Activity Robert G. Fowles, Baldwin S. Mootoo, Russel S. Ramsewak, William F. Reynolds and Muraleedharan G. G. Nair	785
Chemical Diversity of Iridal-Type Triterpenes in <i>Iris delavayi</i> Collected in Yunnan Province of China Yu Hasegawa, Xun Gong and Chiaki Kuroda	789
Triterpene Derivatives from <i>Abies spectabilis</i> Leaves of Nepalese Origin Stefano Dall'Acqua, Paola Minesso, Stefano Comai, Bharat Babu Shrestha, Mohan Bikram Gewali, Pramod Kumar Jha and Gabbriella Innocenti	793
Quinone Reductase Inducing Activity of the Dichloromethane/Ethanol Extract of the Roots of <i>Pulsatilla chinensis</i> Dan Wang, Ling Han and Zengjun Guo	799
Cytotoxic Cardenolide and Sterols from <i>Calotropis gigantea</i> Sonia D. Jacinto, Eunice Alexis C. Chun, Anthony Sebastian Montuno, Chien-Chang Shen, Dinah L. Espineli and Consolacion Y. Ragasa	803
Sartoryglabrin, Analogs of Ardeemins, from <i>Neosartorya glabra</i> Anake Kijjoa, Sonia Santos, Tida Dethoup, Leka Manoch, Ana Paula Almeida, Maria Helena Vasconcelos, Artur Silva, Luís Gales and Werner Herz	807
Identification by LC-ESI-MS of Flavonoids Responsible for the Antioxidant Properties of <i>Mallotus</i> Species from Vietnam Van N.T. Hong, Céline Rivière, Quang T. Hong, Gabrielle Chataigné, Nam N. Hoai, Bieke Dejaegher, Christophe Tistaert, Thanh N.T. Kim, Kiem P. Van, Yvan Vander Heyden, Minh C. Van and Joëlle Quetin-Leclercq	813
Antiradical and Cytotoxic Activity of Different <i>Helichrysum plicatum</i> Flower Extracts Dubravka Bigović, Katarina Šavikin, Teodora Janković, Nebojša Menković, Gordana Zdunić, Tatjana Stanojković and Zorica Djurić	819
Chemical Composition of Argentinean Propolis Collected in Extreme Regions and its Relation with Antimicrobial and Antioxidant Activities Nancy Vera, Eliana Solorzano, Roxana Ordoñez, Luis Maldonado, Enrique Bedascarrasbure and María I. Isla	823
Tannins of Tamarind Seed Husk: Preparation, Structural Characterization, and Antioxidant Activities Puksiri Sinchaiyakit, Yohji Ezure, Sarin Sriprang, Supakorn Pongbangpho, Nasapon Povichit and Maitree Suttajit	829

Continued inside back cover